

Affiliated to HF Holidays UK, Members of Cycling UK and the Ramblers





TRIP & SOCIAL SHEET JAN - FEB 2025



PLEASE NOTE: YOU SHOULD ALWAYS BOOK TRIPS AND SOCIAL EVENTS THROUGH TRIP LEADERS.
YOUR MEMBERSHIP CARD MUST BE WITH YOU ON ALL TTC EVENTS. PLEASE ENSURE THAT YOUR 'IN CASE OF EMERGENCY'
DETAILS ARE SHOWN ON THE REVERSE.

<u>PLEASE NOTE THAT THE DEADLINE FOR AN EVENT TO BE ENTERED ON THE NEXT TRIP SHEET IS THE 14TH FEB CONTACT suealder28@gmail.com</u>

CYCLES / WALKS



<u>WALK to Benfleet</u> every Monday approx 5 miles. No need to book. Meet **10:30am** at Osborne's Cockle Stall in Old Leigh, by the sea wall. We have lunch in a pub in Benfleet and either walk back or return by public transport. *Contact Jackie.*



WALK SUNDAY 26th JANUARY "PLAGUES, PESTILENCE AND PATHOLOGY" a walk of 6/7 miles round London to see the areas and buildings that helped shape its medical history. **Meet 9am** Leigh station for **09.12 train** to London. Return to tickets should suffice rather than a travelcard. **Contact Robert Wright**.



<u>CYCLE Friday 31st January</u>. Another Caress Your Saddle Ride. A pleasant 16 mile tour of quiet lanes including a visit to the traditional CATS pub enroute. Meet 10am at Bunsay Downs Golf Club, CM9 6RU, for coffee, loo and idle chitchat before mounting our bikes.

Contact Stuart Budds.



WALK & BOWLING FRIDAY 7th FEBRUARY Bowling with a short walk. Cost £11.05 for 2 games. Meet at Sally's house 25 Meadow Drive 3pm or at Kingpins 3.45pm. After bowling there will be a meal at Piper Port restaurant in the High, if interested Contact Sally Meredith.



CYCLE SUNDAY 9th FEBRUARY. LOCAL CYCLE around Barling & Wakering. A gentle ride approx. 13 miles. Meet at 10.30am by Ocean Beach on the seafront. Coffee break at Wakering before heading to Shoebury East beach and back to the start. Contact Susan Alder.



<u>WALK 10th-17th MAY 2025</u> <u>NORFOLK COASTAL WALK</u>, seven night stay in **Sherringham**. There is room for **one more couple**, for further information **Contact Sally Meredith**.

CLUB TRIPS

MARCH 16th CHERRY BLOSSOM TRIP TO JAPAN AND SOUTH KOREA. This Trip is now FULL. Sally

<u>SATURDAY 3rd OF MAY</u>. Popular demand, another Coach trip to the <u>ancient LEONARDSLEE</u> (<u>grade 1 listed</u>) <u>GARDENS</u>. Spring is the best time of year to visit when the 100 year old Rhododendrons and Azaleas are in bloom, timed right, it will give us a spectacular sight. The gardens are cash free (card only) <u>entry is £12.50</u> each. The cost for coach will be calculated shortly. *To register your interest contact Sally Meredith*.

SUNDAY 15th JUNE Ron is putting on a coach trip to the famous **BRESSINGHAM GARDENS** and Steam Museum (more than just a museum). A luxury (big) coach trip with an optional beautiful walk to the source of the River Waveney. Depart The Elms at 9.00am. *If interested contact Jackie*.

JUNE 29th 2025 NEWQUAY Eight days coach holiday with Alfa Travel £585 pp. Tour Ref:130SC departing from Southend / Leigh / Rayleigh / Tarpots. Staying at the Elliot Hotel In Newquay. Includes room, breakfast + evening meals, entertainment + Bingo most evenings. The Hotel has a swimming pool. The Hotel hires its own electric scooters to guests. Included Excursions: (optional) Port Issac + Tintagel Penance Marazion (St. Michael's Mount) + Lands End, Falmouth plus Flambards Victorian Village WW2 Exhibition. Additional excursions are available at a small cost during the stay. If anyone is interested there is availability on a room share basis.

CLUB SOCIAL

<u>MEAL</u> The club dinner this month is at the **Natural Bite Restaurant** on **Thursday the 30th at 7pm.** It's another pie evening Beef bourguignon, Veggie pot pie, Shredded chicken breast pie. Please let me know at or before the club meeting if you want to go as there is a **Maximum 20** people. **Contact Pip.**

FLEXIBLE FRIENDS. Join Dennis for warm up exercises at **7.30pm** in the Constitutional Club function room - just before our monthly social meeting.

<u>CANASTA</u> every **Wednesday** at the **Constitutional Club, 2pm for 2:30** Those interested, please **contact Norman.** Alternatively, you can just turn up. It's not a difficult game to learn and you'll be more than welcome.

<u>BOOK CLUB</u> Tuesday 25th March. Note there will be NO February meeting. Instead we will discuss Anna's choice (The Last Runaway by Tracey Chevalier) and Jacqui's choice (Last Orders by Graham Swift) at the March meeting at Jacqui's house. *Contact Jackie.*

ALLOTMENT NEWS: The café will now be closed for the winter, it will reopen in March.

NON-CLUB ACTIVITY

<u>CINEMA</u> every Following Tuesday (except the school holidays) Silver Screen at the Odeon, Southend. For further details, please visit: <u>www.londonnet.co.uk/cinema/odeon-southend</u>.

Two trips (walks or cycles) or short events (e.g. monthly meals) are allowed as 'tasters' by non-members, before they are required to join the TTC. Please note that holidays and longer trips are open only to fully paid up TTC members. Everyone participating in TTC organised walks or cycles should familiarise themselves with the TTC Safety Guidelines and the Disability Statement - not just for their own safety, but also for that of other people taking part in the event. PLEASE NOTE THAT WHEN ON CYCLING TRIPS, WEARING A CRASH HELMET IS STRONGLY ADVISED. People should let the trip leader know of any health issues that might affect their ability to participate fully in the activity. Members participate in walks or cycles at their own risk.

Please note: in order to be fully compliant with the new General Data Protection Regulations, be aware that the Traditional Touring Club (the club) currently holds personal data in the form of your name, address, email address, etc. that you have previously provided to the club. The club values your support and promises to respect your privacy. The club only holds this personal data for the purposes of providing information to you in respect of the club's events and activities, and for other club purposes. The club will never share your data with third parties, for marketing purposes. You have the right to withdraw your data at any time.

NEXT MEETING WILL BE ON, WEDNESDAY 19th FEB 2025 8pm at the Constitutional Club,116 - 118, Elm Road, Leigh-on-Sea, SS9 1SQ.